

# Annie Sophia Larkin

Senior Leadership Consultant



## Certifications

- *The 7 Habits of Highly Effective People®*
- *Diploma of Leadership and Management*
- *Diploma of Business*
- *Diploma of Human Resource Management*
- *Certificate IV in Training and Assessment*
- *Genos® International Emotional Intelligence Accredited Facilitator*
- *Lego® Serious Play® Accredited Facilitator*
- *Springboard to Creative Problem Solving Facilitation, CSPI, New York*
- *Master Trainer Personal Fitness AUSRep*
- *Certificate III in Customer Engagement*

## Client and Industry Experience

Banking & Finance; Technology; Health; Pharmaceuticals; Energy; Insurance; Property; Infrastructure; Marketing; Media & Communications; Retail; Employment; Education; Engineering; FMCG; Hospitality; Transport; NFP; Aged Care; Federal, State & Local Government departments & agencies.

Annie Sophia focuses on designing and delivering innovative and impactful leadership and professional development programs, bringing a depth of knowledge and relevant experience to a range of projects for a wide variety of industries and sectors.

In a career spanning over 20 years, Annie Sophia has worked in a number of sectors and modalities from broadcast television, investment banking, advertising campaigns to communications and personal branding consulting and coaching in both Australia and the United Kingdom.

Annie Sophia's key objective is to work closely with clients to design and deliver programs that have measurable returns and tangible outcomes back in the workplace, and beyond. She has a natural ability to captivate and energise her audience, inspiring all who work with her to make incremental and meaningful change to achieve their success.

## PROJECTS

**Professional Development:** Leadership Development; Change Leadership; Personal Effectiveness; Communication Skills; Emotional Intelligence; Coaching and Mentoring.

**Custom Projects:** Global Leadership Essentials Programs; Building High Performing Teams; Managing Hybrid Teams; Leading with Emotional Intelligence; Communicate with Confidence; Building Influence; Stakeholder Management; Personal Branding and Executive Presence; Giving Effective Feedback; Managing Competing Priorities; Motivate and Engage Teams; Human Resources Management Skill Set.

**Trainer Series:** Train the Trainer; Train the Virtual Trainer; Facilitation Skills; Creative Problem Solving; Lego® Serious Play®; Gamestorming; Presentation Skills; Public Speaking; Communicate and Present Online.